AMSTERDAM / THE NETHERLANDS

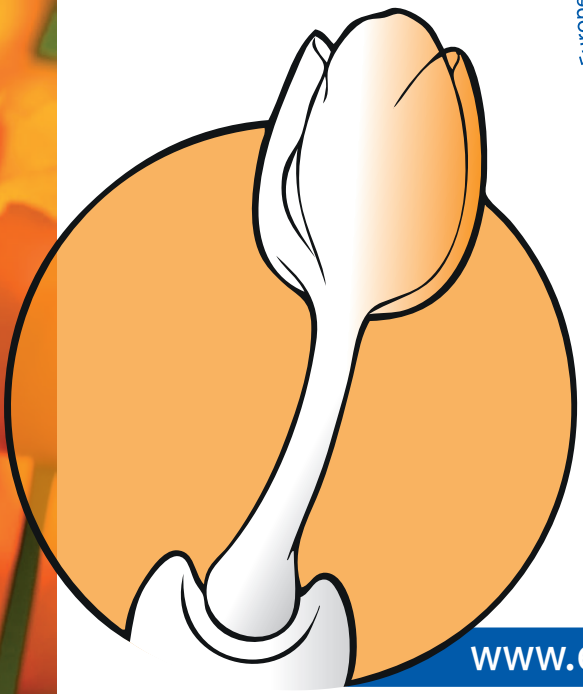
16th ESSKA Congress

14-17 May 2014 / AMSTERDAM

CALL FOR ABSTRACTS

European Society of Sports Traumatology, Knee Surgery & Arthroscopy

ESSKA



INTER CONGRESS
inspires. effects!

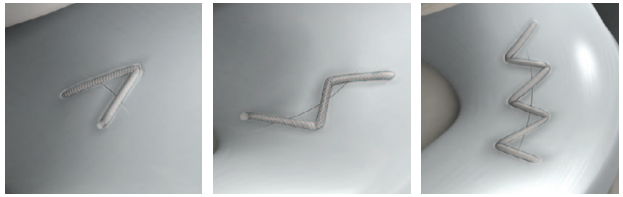
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KNEE PRESERVATION SYSTEM™

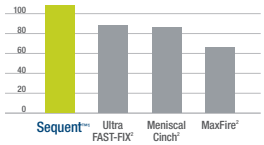
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[1]Data on file. [1]Mehta, Vishal, et al. Cyclic Testing of 3 All-Inside Meniscal Repair Devices: A Biomechanical Analysis. The American Journal of Sports Medicine, 2009.



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CALL FOR ABSTRACTS

The ESSKA kindly invites medical specialists and scientists to submit an abstract for the 16th ESSKA Congress in Amsterdam 2014.

Guidelines and details regarding the submission can be found online.

Please note that the submission of abstracts can only be effected online via: *www.esska-congress.org*

Remember – the deadline of submission is 10 October 2013 (midnight CET)

CALL FOR VIDEOS

ESSKA is looking for your surgical video with "technical tricks and pearls" to compete for the

Alwin Jäger Best Video Award!

A jury will review all submitted videos and announce the winner at the congress.

Sponsored by Alwin Jäger Foundation

Award money:	2,500 EUR
Duration:	5 - 15 minutes
Format:	for example *.wmv, *.mpg, *.avi
Submission:	Visit *www.esska-congress.org* and use the link in the section "Call for videos" to upload your surgical video. **Please** give full name of author(s), address and contact details (phone, e-mail) in the window that opens to send your file.
Deadline:	1 December 2013
Important:	Prerequisite to participate is to be an **ESSKA member!**

WELCOME TO AMSTERDAM AND ESSKA

Dear friends,

ESSKA's 16th Congress will be held in Amsterdam and will bring together the world's leading orthopaedics and sports physicians. Its venue is the RAI Convention Centre, which has excellent facilities and is only 8 minutes from the city centre.

If our Geneva Congress in 2012 was the culmination of ESSKA's rapid expansion both in size and scope, then our Amsterdam Congress sees ESSKA beginning its Golden Age, an age of maturity and prestige. And what better venue than Amsterdam whose own Golden Age saw the Dutch spreading out throughout the world, driven by that inquisitiveness – that zest for the new and the undiscovered – which has created the modern world.

A Golden Age that saw the Netherlands' greatest contribution to medicine and, arguably, to humankind: the invention of the microscope and the discovery of the inner world.

The Jansen brothers invented the device, and Van Leeuwenhoek deployed it in action and literally bombarded the Royal Society, then the world's leading forum for science, with his discoveries; of organelles and bacteria and micro-structures, and of course the secrets of reproduction…

Their legacy is everywhere around us and in everything we do, as scientists and as practising surgeons. And this is the legacy that we honour, every time we wander through the canals and the gabled houses of Amsterdam's centre, built with the wealth that followed this inquisitiveness, a wealth of spirit and self-confidence. When you wander in this UNESCO World Heritage site and savour its atmosphere – feel it relaxing you after the rigours of the conference – remember that it came from a previous Golden Age. And then ask yourselves whether our own contribution will be remembered, as theirs has been?

You may well find the answer in ESSKA's Amsterdam congress. For we shall be driven by the same inquisitiveness, the desire to find out. We shall be pushing the boundaries of what is known, and known to be the best. Our congress chairmen – Stefano Zaffagnini, Roland Becker and Gino Kerkhoffs – have prepared an excellent programme, crammed with scientific lectures, symposia, live-demonstrations, workshops and debates. Those who attend will be enriched by the experience, both in knowledge and in friendships.

This congress will also see the official launch of ESSKA's latest ventures: the **ESSKA Academy**, our online educational platform; the **Journal of Experimental Orthopaedics (JEO)**, our new online Journal; and the **ESSKA Foundation**.

Apart from all this there will be a splendid opening ceremony, there'll be dinners, Jazz, the Royal Dutch National Ballet and yes indeed… making new and meeting old friends.

We look forward to seeing you in Amsterdam!

C. Niek van Dijk
Congress President

João Espregueira-Mendes
ESSKA President

WELCOME TO AMSTERDAM AND ESSKA

Dear colleagues,

ESSKA's 16th Congress will provide a perfect opportunity to refresh and review your knowledge of Sports Traumatology and Arthroscopy.

Our distinguished guests are Andrew Amis (Great Britain), Johan Bellemans (Belgium), Rui Reis (Portugal), René Verdonk (Belgium), whilst Masahiro Kurosaka (Japan) and Michael Kjaer (Denmark). They will outline the latest developments in basic science, in current clinical and surgical methods, as well as suggesting a historical perspective.

Topics to be considered in depth will be 'return-to-play', the management of degenerative arthritis in young patients, and the biological-treatment options in sports medicine.

There will be 18 instructional course lectures (ICL), more than 40 symposia, 15 key-note lectures, debates and case-discussions, 3 live surgeries, 250 free papers, more than 500 posters, and a session for ESSKA's various awards. Video-stations will be running throughout the congress, demonstrating the latest techniques.

Degenerative and sports-related knee, shoulder and ankle problems will be dealt with by our sections EKA, ESA and AFAS. We will have a speciality day on degenerative arthritis (TKA, Uni, Osteotomy), on foot and ankle, and on shoulder and upper limb pathologies.

There will also be special sessions on biology, indication of ACL reconstruction, cartilage, pre-arthritic athlete, hip, and novel therapies.

The Ejnar-Eriksson-Lecture will celebrate the 30th anniversary of the first meniscus allograft transplant.

A three day programme will be given for physiotherapists. In addition we will have a full-day Orthopaedic Review Course in Sports Medicine and a half-day programme organised by the European Resident Organization (FORTE).

Happy poster hours will be organised on Wednesday and Thursday, to attract more visitors to the poster exhibition.

We encourage you to submit your best videos before 1 December 2013 via *www.esska-congress.org*. And please remember, the **deadline for abstracts** is 10 October 2013!

We welcome you to Amsterdam, in 2014!

Stefano Zaffagnini
Programme Chairman

Roland Becker
Programme Co-Chairman

Gino Kerkhoffs
Programme Co-Chairman

PROGRAMME OUTLINE

Online timetables

From October 2013 you can view the current scientific programme via *www.esska-congress.org*, simply click on “Scientific Programme”.

You can find detailed timetables of 14 - 17 May 2014 with titles and speakers of lectures, symposia, battles, case discussions, live surgeries etc.

The comprehensive scientific programme during the ESSKA Congress

Highlight lectures by Andrew Amis (UK), Johan Bellemans (Belgium), Michael Kjaer (Denmark), Masahiro Kurosaka (Japan), Rui Reis (Portugal) and René Verdonk (Belgium)

- ✔ 250 free papers and over 500 posters
- ✔ 18 Instructional Course Lectures
- ✔ Battles and interactive case discussions
- ✔ Live surgeries (AFAS, EKA and ESA)
- ✔ Star Paper Session
- ✔ Orthopaedic Sports Medicine Comprehensive Review Course (full day)
- ✔ 40 symposia and 15 key note lectures
- ✔ National Awards Session
- ✔ PT lectures and workshops

INVITED LECTURES

Andrew Amis (UK)

How biomechanics can improve orthopaedic clinical practice.

Johan Bellemans (Belgium)

Total knee prosthesis: surgery, design, clinical results.
Where can we improve?

Michael Kjaer (Denmark)

Tendinopathy: Where are we? From lab to treatment

Masahiro Kurosaka (Japan)

ACL surgery of the next 10 years, how it will be

René Verdonk (Belgium)

Ejnar-Eriksson-Lecture: Meniscal surgery from past to future

Before the Ejnar-Eriksson-Lecture: Dieter Kohn will celebrate the 30th Anniversary of the first meniscus transplant

Rui Reis (Portugal)

The actual role of tissue engineering and its future applications

João Espregueira-Mendes (Portugal)

Presidential Lecture

ICL (INSTRUCTIONAL COURSE LECTURES)

AFAS (Ankle & Foot Association)

- ✔ Achilles tendon rupture treatment: still a weak spot?

Cartilage committee

- ✔ Cartilage lesion and the patello-femoral joint
- ✔ Subchondral bone and reason for surgery

EKA (European Knee Associates)

- ✔ Tips and Tricks in UKA
- ✔ Planning a primary TKA

Elbow committee

- ✔ Elbow arthroscopy: From basic to advance

ESA (European Shoulder Associates)

- ✔ Osteoarthritis in young and current treatments
- ✔ Shoulder pathology in sports
- ✔ Management of failed instability repair

Knee committee

- ✔ Anatomy of the ACL and reconstruction

Others

- ✔ How to address multi-ligament injuries?
- ✔ How to share guidelines in daily practice on:
  Meniscus repair, degenerate meniscal lesion, meniscectomy
- ✔ 3D Anatomy vs. Arthroscopy vs. Navigation
- ✔ How to do proper research
- ✔ Arthroscopic Simulation in Skills Training: European initiatives
- ✔ MPFL surgical technique
- ✔ Acute muscle injury
- ✔ Hip Arthroscopy: Part 1 – Basics.
  From Access to Repair in Femoro Acetabular Impingement

PROGRAMME

LIVE SURGERIES

- ✔ AFAS: Arthroscopic Subtalar Arthrodesis
- ✔ EKA: Lateral UNI
- ✔ ESA: Arthroscopic Bone Block procedure

BATTLES

- ✔ AFAS: Achilles Tendon rupture: Follow the guidelines or just treat the patient
- ✔ Cartilage Committee: ACL and cartilage lesions – to treat or not
- ✔ ESA: Irreparable Cuff

CASE DISCUSSIONS

- ✔ AFAS: Joint preserving surgery in osteoarthritic ankle joint
- ✔ Cartilage Committee: Cartilage imaging – radiological and clinical importance (combined with ICRS) – (Case Based)
- ✔ EKA: Learning from our mistakes in UKA and TKA
- ✔ ESA: Rotator cuff / AC Joint
- ✔ ESA: GH instability / Stiff shoulder

SYMPOSIA

Symposia will be organised in co-operation with the following organisations, National Societies, ESSKA sections and ESSKA committees:

- ✔ International: APKASS, AOSSM, ISAKOS, SLARD, EFOST
- ✔ National: AEA, AGA, ASTAOR, BASK, BOTA, Croatian Society for Sports Medicine, EAE, Finnish Arthroscopy Association, GOTS, NAF, NVA, Polish Sports Traumatology Society, SEROD, SFA, SFTS, SIA, SIGASCOT, SPAT, SPOT, TUSYAD, UASTKA
- ✔ AFAS, EKA, ESA
- ✔ ESSKA committees Arthroscopy, Basic science, Cartilage, Elbow, Hip, Knee, Meniscus Transplantation Study Group, Sports

Orthopaedic Sports Medicine Comprehensive Review Course

Full day programme, details will follow online,
please visit *www.esska-congress.org*

European Resident Organisation (FORTE)

Saturday morning programme, details will follow online,
please visit *www.esska-congress.org*

PT PROGRAMME

Based on the outstanding acceptance of the special PT programme during the ESSKA Congresses 2010 and 2012, we will again offer an excellent programme of lectures and workshops supported by an international faculty. The sessions will include:

Key Note Lecture

- ✔ The plasticity of the human motor control system and neuromuscular skeletal rehabilitation

Symposia

- ✔ Knee injuries
- ✔ Hip and groin injuries
- ✔ Shoulder and elbow injuries
- ✔ Tendon injuries
- ✔ Children and sports
- ✔ Return to sport

Workshops

- ✔ Functional performance tests for the lower extremity
  - ➥ A combination of functional performance tests measuring different physiological aspects
- ✔ Functional performance tests for the upper extremity
  - ➥ Functional performance tests after shoulder injuries for overhead athletes
- ✔ Injury prevention and screening tests
  - ➥ Dynamic field tests and the role of identifying abnormal movement pattern
- ✔ Core stability
  - ➥ Reliability for a battery of core stability tests

AWARDS 2014

ESSKA has various awards for those who make significant contributions to orthopaedic sports medicine.

Preliminary remark

Please note that all papers submitted via the regular abstract platform are automatically registered for the awards selection in the categories “Best Poster Award”, “Theo Van Rens Best Paper Award” and “Basic Scientist Travel Grant”. You do not need to submit a separate application for these three award categories! Deadline is 10 October 2013!
www.esska-congress.org/esska2014/index.php

Applications for the Porto Award, Award for Best Paper in Ligament and Biomechanics and Nicola‘s Foundation Young Researcher Award in Amsterdam 2014 are only accepted via *www.esska-congress.org*, section “Awards” (except KSSTA Best Paper Award).
Please enter your contact details and upload the abstract-file.
The award winners will be announced 8 weeks before the congress.
Deadline is 1 December 2013 (except KSSTA Best Paper Award).

Theo Van Rens Best Paper Award

Sponsored by ESSKA

Award money: 3,000 EUR

This award is given to the best scientific presentation. The six highest ranked scientific abstracts (according to the review results) will be presented by the finalists in the “Star Paper Session”. A jury will attend this session and select the winner immediately afterwards.

Porto Award for Innovation in Arthroscopy

Sponsored by Porto



Award money: 2,500 EUR

ESSKA wishes to stimulate research in arthroscopy.
This award recognizes the excellency and innovation in arthroscopy.
The Porto Award encourages practitioners to publicize their expertise.
The selection of the winner will be made by the ESSKA Scientific Committee.

AWARDS 2014

Award for Best Paper in Ligament and Biomechanics

Sponsored by: smith&nephew

Award money: 2,000 USD

This award is given to the best paper about ligament healing and biomechanics in orthopaedic sports medicine.
The selection will be made by the ESSKA scientific committee.

Nicola's Foundation Young Researcher Award (< 40y)

Sponsored by: NICOLA'S FOUNDATION ONLUS

Award money: 1,500 EUR

This award is given to the best paper about Knee Surgery, Sports Traumatology or Arthroscopy.
Entrants must be unter 40 years of age at the time of the award selection.
The selection will be made by the ESSKA scientific committee.

KSSTA Best Paper Award

Sponsored by ESSKA

Award money: 1,000 EUR

This award is given to the best paper published in the KSSTA journal during the period 2012 - 2013.
The winner will be selected by the editors of KSSTA.

Basic Scientist Travel Grant

Sponsored by ESSKA

ESSKA supports Basic Scientists! ESSKA provides financial support for four selected Basic Scientists enabling them to attend the 16th ESSKA Congress.

Selection will be made by a jury based on the excellence of the basic science abstracts (submission via regular abstract submission platform).

Each travel grant is worth 500 EUR for travel and accommodation costs.

Best Poster Award

Sponsored by ESSKA

Award money: 500 EUR each in 5 different categories

This award is given to the best posters accepted and displayed at the congress. The five categories are: degenerative, ligaments, basic science, shoulder, sports medicine.

The winners will be selected on-site by the "Best Poster Jury" and announced at the congress.

GENERAL INFORMATION

Date	14 - 17 May 2014
Web	*www.esska-congress.org*
Congress president	C. Niek van Dijk
Programme chairmen	Stefano Zaffagnini Roland Becker Gino Kerkhoffs
ESSKA board	President: João Espregueira-Mendes 1st Vice-President: Matteo Denti 2nd Vice-President: Romain Seil Past President: C. Niek van Dijk Secretary General: Jacques Menetrey Vice Secretary General: Henning Madry Treasurer: Patrick Djian Educational Secretary: Pietro Randelli
Venue	Amsterdam RAI, The Netherlands, *www.rai.nl*
Official language	English
Fiscal organiser, congress & exhibition management	Intercongress GmbH Wilhelmstraße 7, 65185 Wiesbaden, Germany Phone: +49 611 97716-0, Fax: +49 611 97716-16 E-mail: esska@intercongress.de
Project manager	Ms Katrin Volkland Phone: +49 611 97716-35, Fax: +49 611 97716-16 E-mail: katrin.volkland@intercongress.de
Exhibition manager	Ms Silke Melzer Phone: +49 211 585897-85, Fax: +49 211 585897-99 E-mail: silke.melzer@intercongress.de
CME credits	The ESSKA Congress will be submitted for accreditation to the UEMS (European Union of Medical Specialists).

Social programme

Wednesday, 14 May 2014:	Welcome Reception for all congress visitors followed by a happy poster hour.
Thursday, 15 May 2014:	President's Dinner (by personal invitation only)
Friday, 16 May 2014:	Gala Dinner (tickets available for purchase through the regular registration platform from August 2013)

Registration (will start in August 2013)

Please register online at *www.esska-congress.org* or download the registration form. Reduced rates are available when payment is effected before 10 February 2014. Registration fees must be paid in EUR.

The registration fee includes:
Scientific sessions, instructional course lectures, symposia, access to the industrial exhibition, delegate's bag and badge, one copy of the final programme.

Important deadlines

Submission of abstracts: 10 October 2013

Submission of award abstracts (depending on award):
either 10 October 2013 or 1 December 2013

Confirmation of abstract selection: by the end of January 2014

Registration at reduced rate: 10 February 2014

Deadline for accommodation booking (at special rates):
14 February 2014

Accommodation

Special rates in various hotels in Amsterdam have been negotiated for ESSKA members and congress participants by the RAI Hotel Services. Please visit the congress website and use the link in the section "Accommodation". Note the deadlines!

Partners of the 16th ESSKA Congress

To become partner of the 16th ESSKA Congress in Amsterdam please contact Ms Silke Melzer, Intercongress GmbH (Germany):
silke.melzer@intercongress.de

ESSKA membership

Be part of the growing European network of key opinion leaders – become an ESSKA member! Your benefits:

- ✔ you receive our journal free: KSSTA, which many consider the leader in the field
- ✔ you get reduced fees for ESSKA events, the biannual Congress, the workshops, seminars and courses etc.
- ✔ you get reduced fees for specific events – National and Speciality Meetings – staged by related organisations
- ✔ you get a 25 % reduction on ESSKA publications
- ✔ you have access to our online services
- ✔ you receive our six-monthly Newsletter
- ✔ you are able to vote at the General Assembly, you can serve on ESSKA committees, and you can apply for section membership

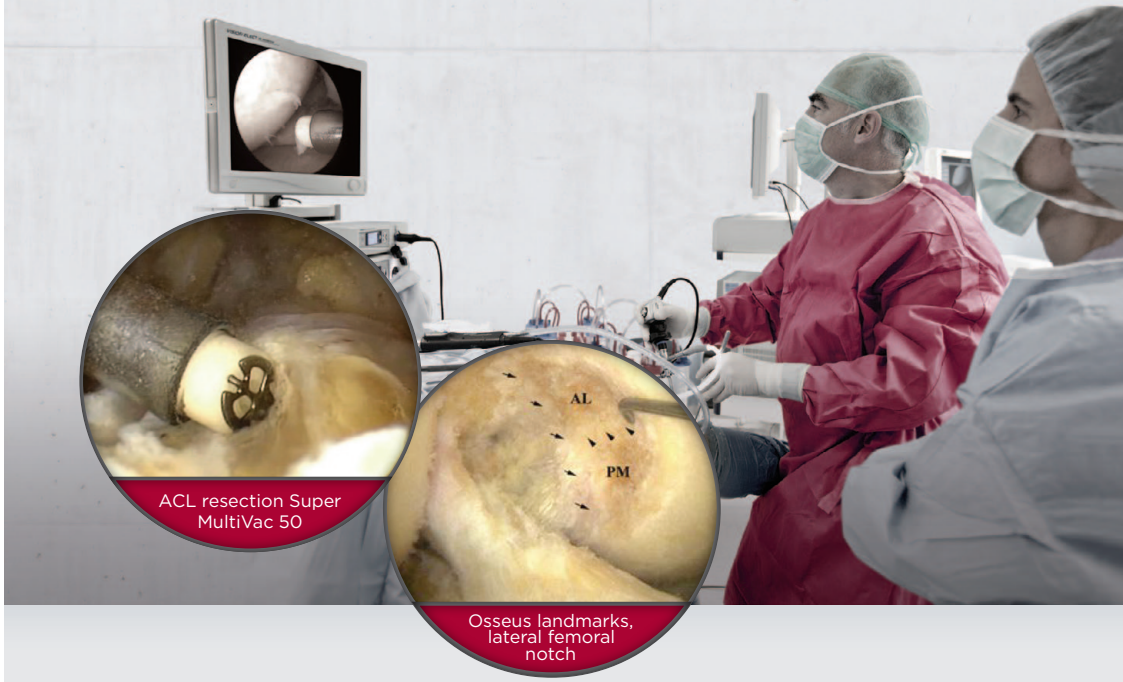
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www.esska-congress.org

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